

# TAMING TIME



## Secrets of a Time Lord



### Taming Time

#### Secrets of a Time Lord

Some TIME moves like molasses on a cold day. Other TIME moves so fast, you cannot believe how late it is. Did you know you can control the passage of time with some simple techniques?

No, you won't be running into Genghis Khan, but you will get more done than you ever thought possible in your business. Have fun and learn how to bend the clock to your will.

#### Includes:

- How mind-set and biology effects time.
- Techniques to see time differently.
- Tools to bend time to your will.

#### Timing:

- Minimum: 20 minutes
- Preferred: 40 minutes
- Max: 2 hours (includes practical elements)

#### Suggested Questions:

- Where do you lose the most time each week?
- What is your favourite time-saving tool?
- How will you use your time more wisely?

#### Recommended Audience:

- Business Networking / Start-up events
- Executive / Leadership events
- Chambers of Commerce, Rotary

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### About Stewart

Stewart has an IT degree, MBA, over 20 years' experience as a business leader and has studied with over 200 of the world's top coaches. He is a true entrepreneur, having started, built and sold many business and served on the board of many more.

Stewart offers an initial consultation and evaluation, training programs from 1/2 day to 12 months, and ad-hoc on-demand support. Starting at just \$265 a month, he creates a flexible fee structures to suit individuals, groups and keynotes.

Don't forget to bring your biggest business-time challenge for the Time Lord Treatment.



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